

APRIL 2014

IAC38

NEWSLETTER

President's report



Dave Watson, IAC38 vice pres; Beth Stanton, IAC38 pres; Randy Howell, founder and owner, PJT

Holy non-stop action adventure, Batman!

March has been quite the action-packed month for IAC38. Judge School March 15-16 was tremendously informative and fun. TCY critique day on March 22 had two brand new acro pilots get their first flight in the box. The

IAC38 Chapter meeting at the Patriots Jet Team facility March 23 dazzled one and all. We continue to grow new members and build community. The group effort is working. We are well on our way to making Chapter 38 the most vibrant IAC chapter in the country. Let's keep up the good work. Or rather, the good fun.



Ariel Sauvey, SQL tower controller; Gretchen Kelly, Manager SQL/HAF; Beth Stanton, IAC38 President; Olga Custudio, ret. USAF/American Airlines; Graciela Tiscareno-Sato, ret. USAF; Ana Uribe Ruiz, organizer

Women of Aviation Week, March 3-9

WOAW is a nationwide effort to expose more girls and women to aviation. This year at San Carlos airport, businesses and tenants volunteered to take over 150 girls and women on their first general aviation airplane ride. The week-long event featured educational seminars, airport tours, free airplanes rides and more.

Ana Uribe Ruiz did a phenomenal job as the facilitator of this year's event. On Friday, March 7, I was honored to be one of five panelists to speak at the Hiller Aviation Museum. One of the themes this year was

100 years of female aerobatic pilots. Learning of the ground-breaking accomplishments of these women was inspiring. There was an instant camaraderie between the women of the panel Ana had gathered. I felt like I got five new best friends.

A posse of IAC38ers came out to lend their support. A troop of Girl Scouts came up afterwards and had their picture taken with us. A girl of about 11 fixed us with a very earnest gaze and said, "You have made a difference. Really". Wow.

come and become inspired by

5 outstanding Women of Aviation

Friday March 7, 2014 at the Hiller Aviation Museum at 5:30pm - for a Q & A with women aviation professionals.



Olga E. Custodio

Air Force Lt. Colonel (Ret.)
1st Latina to complete
US Air Force pilot training; 1st female
T-38 Instructor pilot
1st Latina commercial airline
Captain with American Airlines



Gretchen Kelly

Airport Division Manager,
San Mateo County Airports. In charge of
San Carlos and Half Moon Bay Airports
& private pilot



Staff Sgt. Ariel Sauvey

Military veteran
Air Traffic Controller at San Carlos Airport



Graciela Tiscareño-Sato

Air Force veteran/Captain
KC-135 refueling tanker
Navigation instructor, speaker, award-winning author of
bilingual children's book
Good Night Captain Mama .



Beth Stanton

President of the Northern
California chapter of the International Aerobatic Club
She is entering her 3rd season flying competition aerobatics.



IAC38 2014 Judge School

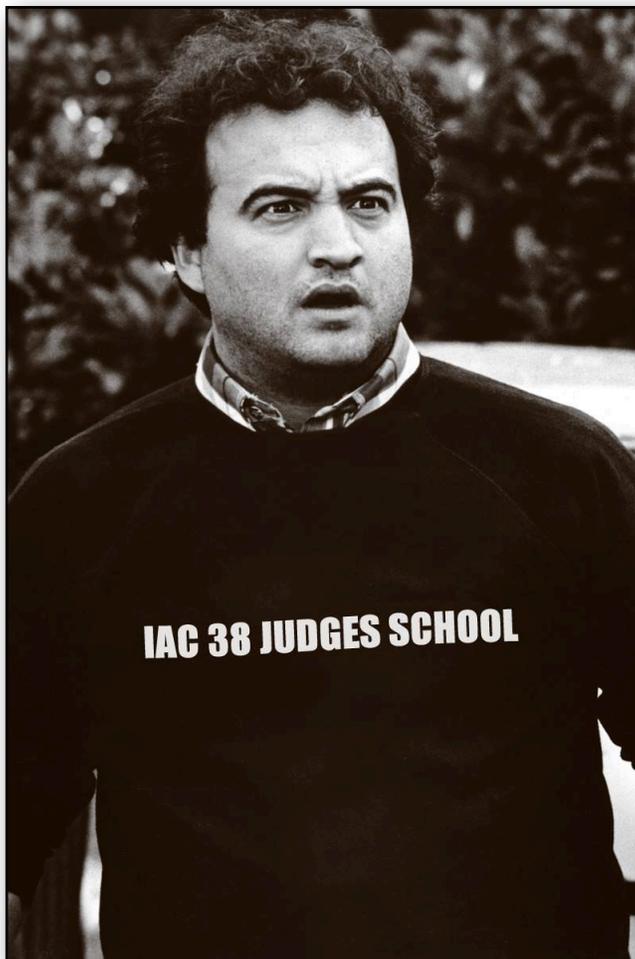
Well, Judge School was a resounding success!

We had a total of 13 participants, 11 for both days, two for the refresher day. Three of the participants are new Chapter 38 members and have never been to a contest. Logistics were seamless and a rollicking time was had by all.

We were incredibly fortunate to have Brian Howard as our instructor. He is an amazingly dedicated and valuable resource to our sport. The tireless work he does on behalf of the aerobatic community is unbelievable. I have full confidence that the psychological damage Brian sustained from hanging out with us for the weekend is temporary and that he will make a full recovery.

Special thanks go to Dave and Lori Watson for transportation logistics and meal support. Chris Combs went way above and beyond by hosting our after-school happy hour at the Hotel Valencia. He then outdid himself by paying for our meeting room. The funds the chapter saved from this generous gift will be applied to getting Brian back here. Brian is a former aerobatic competitor, coach, and the judge who literally 'wrote the book'. He conducts a pilot-focused

workshop on the skills and strategies on how to best present to the judges to score big. I can't think of anything more valuable than learning from this Yoda-like master. We will keep you posted on details.



I asked the attendees of our judge school two questions:

1. What was the most valuable thing you learned?
2. What was your favorite part?

Here are some of the responses:

MOST VALUABLE

- More extensive definition of character/ K-determination on snap-rolls/knife edge snaps since the 2009 Judge's school.

- Discussion of the rules that are different for CIVA and IAC.

- Squareness of a square loop is not a

judging criterion.

- What the judges are, and are not, looking for. In terms of equal radii, altitudes, line lengths, etc.

- It was great hearing the criteria of each family of maneuvers and where as a competitor you can LOSE points.

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FAVORITE PART

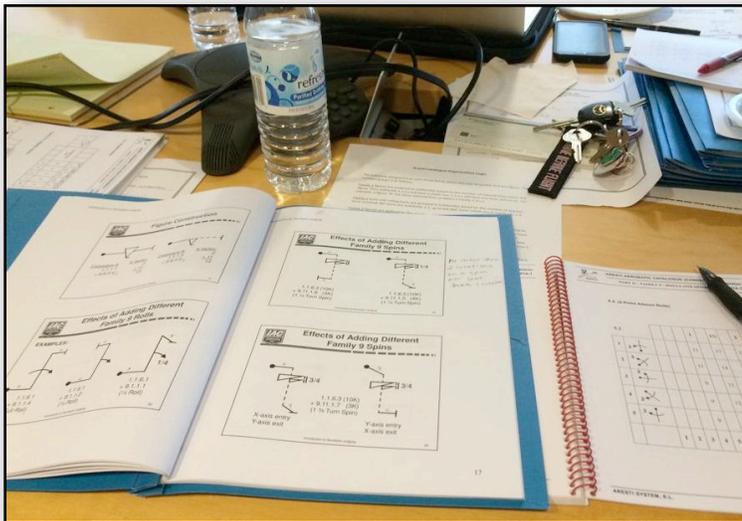
-Well...the joking! But seriously. This was more fun than the '09 school because of the comical interruptions (not wag-outs). Can you imagine learning all that material just cut & dry?

-hanging out with everybody for the day, getting my hair braided, nap time.

-having someone who knows the rulebook inside and out, and understand a lot of the rationale for rules being as they are, to grill in however much depth my classmates and I desired!

-Depth of knowledge from both the instructor and the other attendees. Camaraderie of a great bunch of characters.

-Getting a chance to get to know each other better, hang out and learn the sport. One of the best things about the school was basically everything - fantastic host & location, really well organized, an expert instructor who had excellent communication and made things easier to understand, and the camaraderie of the people there who share a common passion - the whole package made it really worth the time - it was fun while really gaining the skills to improve in practice and when supporting the competitions.



IAC38 March meeting: On location with the Patriots

IAC38 had our March meeting on location at the Patriots Jet Team Hangar of Dreams in Byron, CA. The team threw open the hangar doors and welcomed us in style. A total of 54 people showed up, IAC38 members, as well as friends from other aviation associations. Randy Howell and his team knocked our socks off with a tour of their stunning facility and jets. We got the behind-the-scenes glimpse of the unbelievable logistics that make this all volunteer organization tick.

Dave Watson gave an excellent presentation on flying the 2014 Primary and Sportsman Known. Dave, a longtime Advanced and Unlimited competitor, IAC regional judge, and coach, showed us how to fly the 2014 Primary and Sportsman Knowns. The time and effort put into this fantastic tutorial is clearly evident. It includes in-cockpit, pilot-view video, and graphics depicting the Borrego Springs box with satellite imagery. He coached the strategies on how to best present the sequences to the judges. IAC38 is lucky to have such a resource of knowledge and experience in our midst. Thanks Dave!



Dave's presentation, "Flying the 2014 Primary and Sportsman Routines - Where to Be and Where to Look" is now available online at iac38.org.

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Go to **What's New** and then to **Flying the Figures**.

If you watch the presentation, we request that you make a \$10 tax-deductible donation to the Patriots Jet Team Foundation:

<http://www.pjtf.org/Get-Involved>

IAC38 wants to support their great work of inspiring the youth of America with a love of aviation. Let's help pay it forward!

Special thanks to our webmaster Brett Goldsmith for working tirelessly today to get this up so quickly for us.



PARTY WITH THE PATRIOTS

The Patriots Jet Team Foundation is dedicated to inspiring the youth of America with a love of aviation and aerospace. Students today need every encouragement to learn and apply sciences and math to their educational path. The Foundation is developing innovative educational programs with hands-on curricula to provide students with the skills and experience of a lifetime.



The Patriots Foundation Benefit Bringing Aviation & Aerospace to Our Youth

Save the Date: August 9, 2014 from 5:00 pm – 10:30 pm

Book your tickets now, visit: pjtf.org or call 925-878-9642



The Patriots Jet Team Foundation is pleased to announce that our 2014 Patriots Foundation Benefit will be held on **August 9, from 5:00 pm – 10:30 pm**. Your generous benefit investment will be put to immediate work. Our mission is to inspire our community's youth with exciting aviation and aerospace activities that strengthen their science and math skills and can lead them to rewarding careers.

To get your ticket, please book now.

Tickets are \$100 and includes dinner and drinks, "Jet Team-style" entertainment, and a raffle ticket for exciting prizes. If you purchase a table of 10, you will receive a **10% discount**.

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IAC38 Chapter meeting, Sunday, April 27, 3 pm, Attitude Aviation, KLVK

Our April speaker is Cris Ferguson, air show pilot and Reno Air Racer. Chris builds and restores antique aircraft and custom designed experimentals, like Miss Gianna, the world's fastest Pitts Special clocked 272kts.

Chris learned to fly aerobatics from Amelia and Robin Reid in San Jose. He flew air shows for 16 years, mentored by Wayne Handley and Sean Tucker.

He raced for 20 years at Reno, winning 2 silver medals in biplane class, and in 2007, won gold flying Miss Gianna. He has also raced Formula 1.

Cris is an extremely versatile pilot with over 4000 hours of flight time in 75 different airplanes from a 1918 Jenny to an Edge 540. He holds a commercial single and multi engine certification and an airframe/power plant mechanics certification with Inspection Authorization

Cris will share some of his many stories from his years performing the most exciting flying in the world: flying planes low, fast and inverted. Sometimes all at the same time.



90% Mental, 10% in Your Head

Beth Stanton

The following article appears in the April 2014 issue of Sport Aerobatics. It is the first installation of a bimonthly column Beth is authoring: *Chronicles of Brilliance and Buffoonery, Keeping it in Perspective.*

“Oh, I’m scared all the time! I just act as if I’m not.” –Katherine Hepburn

We joke that whitewater kayaking is 90% mental and the other 10% is in your head. I am finding this true in competition aerobatics as well. Once you have mastered relative competency in flying your sequence, it totally becomes a head game.

I have been onstage since the age of five. The majority of my life has involved music, dance and theater. I am no stranger to stage fright. I have never *not* been scared before going on stage. For that matter, I have never *not* been scared kayaking. Oddly enough, I have never been scared flying. I have been afraid of screwing something up, like a landing or a competition sequence, but I have no fear of actually flying.

On the morning of my first contest, a sensation of cold fear began to grip me. Familiar with this phenomenon, I took deep breaths and tried to ignore it. This did not work. During the briefing, a feeling of numb detachment blossomed. As the hustle of pilots, planes and gear commenced, I was drowning in a cresting river of panic.

I knew I *must* get my head in order or I would not be able to function. I needed to call upon

my mad yoga ninja mind control skillz. PRONTO.

I did not look up and watch the first contestants flying in the box. I beat a retreat to the FBO, put music in my earphones, went to a quiet room and closed my eyes. I became inwardly focused. I visualized. I breathed. I stretched, relaxed and concentrated on being absolutely present in the moment.



By Go Time, I had calmed down. I had decided to pretend that this was just a practice flight. No one was watching me, I was not being judged, this was just for fun. I would strap on the plane and go fly me some loop de loops like I had dozens of

times before. Just for the sheer joy and exhilaration of it. I felt a little nervous excitement, but in a good way, like I always do when I fly. This strategy worked. I won the contest.

The best ways to achieve something is to help someone else achieve the same thing. The second morning of the contest, I recognized fear on the face of a fellow pilot. He was so nervous; he looked like he was going to throw up. I sat down to chat with him. Performing in front of peers and being judged can kick our

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fight or flight response into high gear. Looking stupid or failing publicly feels downright excruciating and can be paralyzing. But once you figure out that mistakes are how we learn and *everyone* makes them, it takes the pressure off.

I have come to realize that lightening up and getting ego out of the equation is a huge relief. You can relax and enjoy the contest. You can laugh at the buffoonery and revel in the brilliance of both yours and everyone else's

flying. I take solace in Wayne Handley's observation: "an original way to screw up a contest has yet to be invented."

To fly in a competition is ridiculously demanding, physically as well as mentally. I'll admit, sometimes I wonder "what the hell am I *doing*?" I still get little stabs of fear, but now I know how to manage them. That thrill of elation when you absolutely nail a figure makes all those hours of practice, all that AV gas burned, so totally worth it.

Editor's note

We had a newsletter a few years ago but it languished for lack of content. We are a very diverse group of people with a lot of interesting stories to be told, and I solicit your input. Submissions are welcomed. We're not trying to win a Pulitzer Prize here, so don't be intimidated by a perceived lack of writing skills. If you have a story, or an idea for one, please submit it!

Dave Williams, dw370@comcast.net

2014 IAC Chapter 38 board

Beth Stanton, president

Martin Price, past president

Dave Watson, vice president

Howard Kirker, treasurer

Tom Myers, secretary

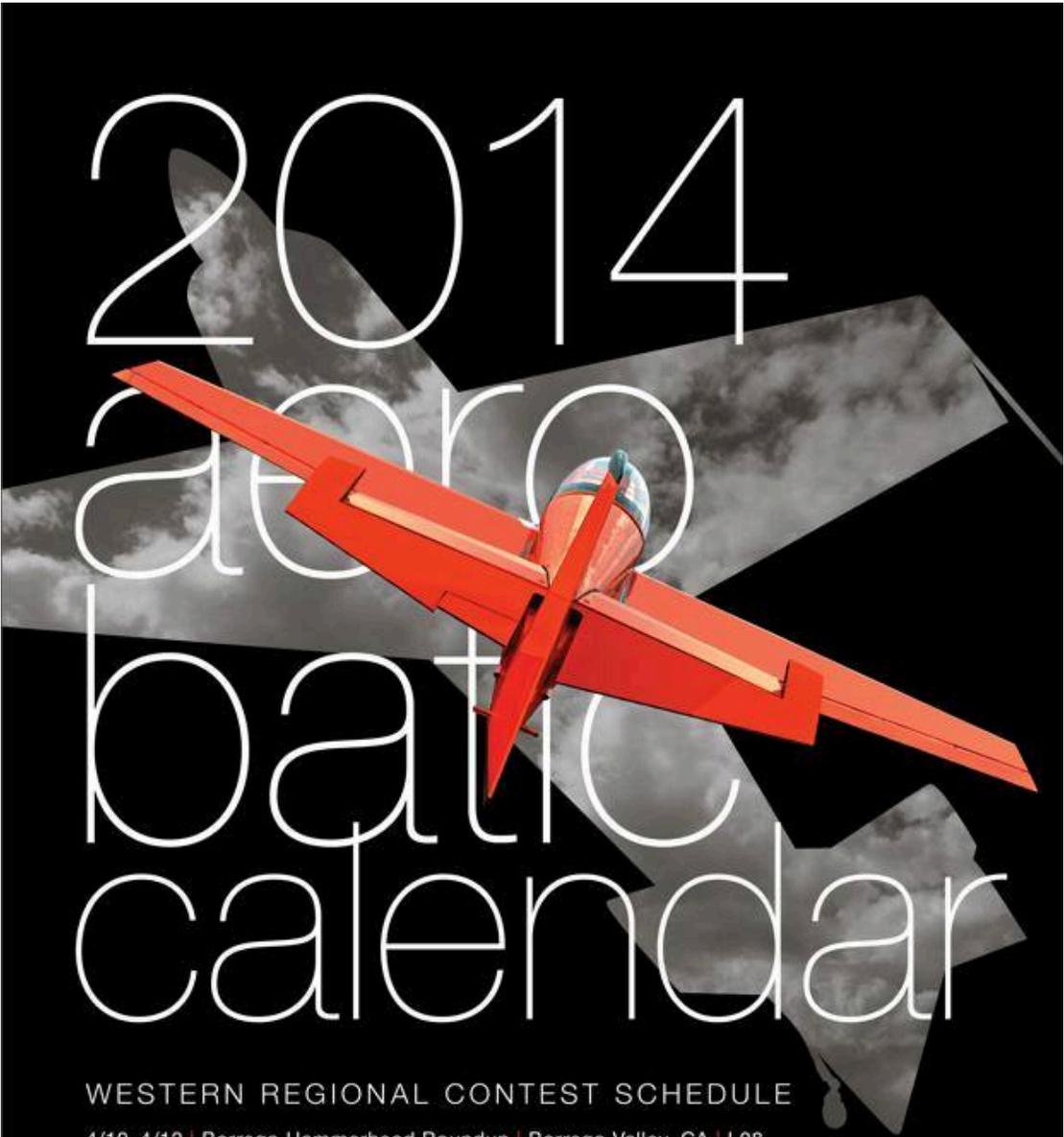
David Manuel, membership

Directors: Chris Combs, Mike Eggen,
Marian Harris

Webmaster/email list: Brett Goldsmith

Newsletter editor, Dave Williams

2014 aero batic calendar



WESTERN REGIONAL CONTEST SCHEDULE

- 4/10-4/12 | Borrego Hammerhead Roundup | Borrego Valley, CA | L08
- 5/01-5/03 | Duel in the Desert | Apple Valley, CA | APV
- 5/29-5/31 | Coalinga Western Showdown | New Coalinga Municipal, CA | C80
- 6/26-6/28 | Apple Cup | Ephrata Municipal, WA | EPH
- 7/24-7/26 | CanAm Aerobatic Challenge | Cut Bank Municipal, MT | CTB
- 8/14-8/16 | Beaver State Championship | Eastern Oregon Regional, OR | PDT
- 8/29-8/31 | IAC Open West 40th Annual Happiness is Delano | Delano Municipal, CA | DLO
- 9/05-9/07 | Rocky Mountain House | Rocky Mountain House, AB | CYRM
- 9/05-9/06 | Apple Turnover | Ephrata Municipal, WA | EPH
- 9/21-9/26 | U.S. National Aerobatic Championships | North Texas Regional, TX | GYI
- 10/9-10/11 | Borrego Akrofest | Borrego Valley, CA | L08
- 11/6-11/8 | Tequila Cup | Marana NW Regional, AZ | AVQ



FOR MORE INFORMATION VISIT THE INTERNATIONAL AEROBATIC CLUB AT WWW.IAC.ORG
POSTER DESIGN BY MARIO CHASE, PHOTOGRAPHY BY LAURE ZALESKI ©2014

The entire national contest calendar for 2014 is quite lengthy, so the following link is provided to take you to the IAC website calendar page.

ContestListing.asp

IAC38 is proud to present:
The second annual

COALINGA WESTERN SHOWDOWN

May 29-31, 2014



We are pleased to announce KVA Aerospace as a contest sponsor. Many thanks to Ron Johnson. He's paying it forward!



For more contest details, go to www.iac38.org

You can pre-register at:

<http://www.iacusn.org/acrs/login.php?url=%2Facrs%2Findex.php>

We take credit cards!

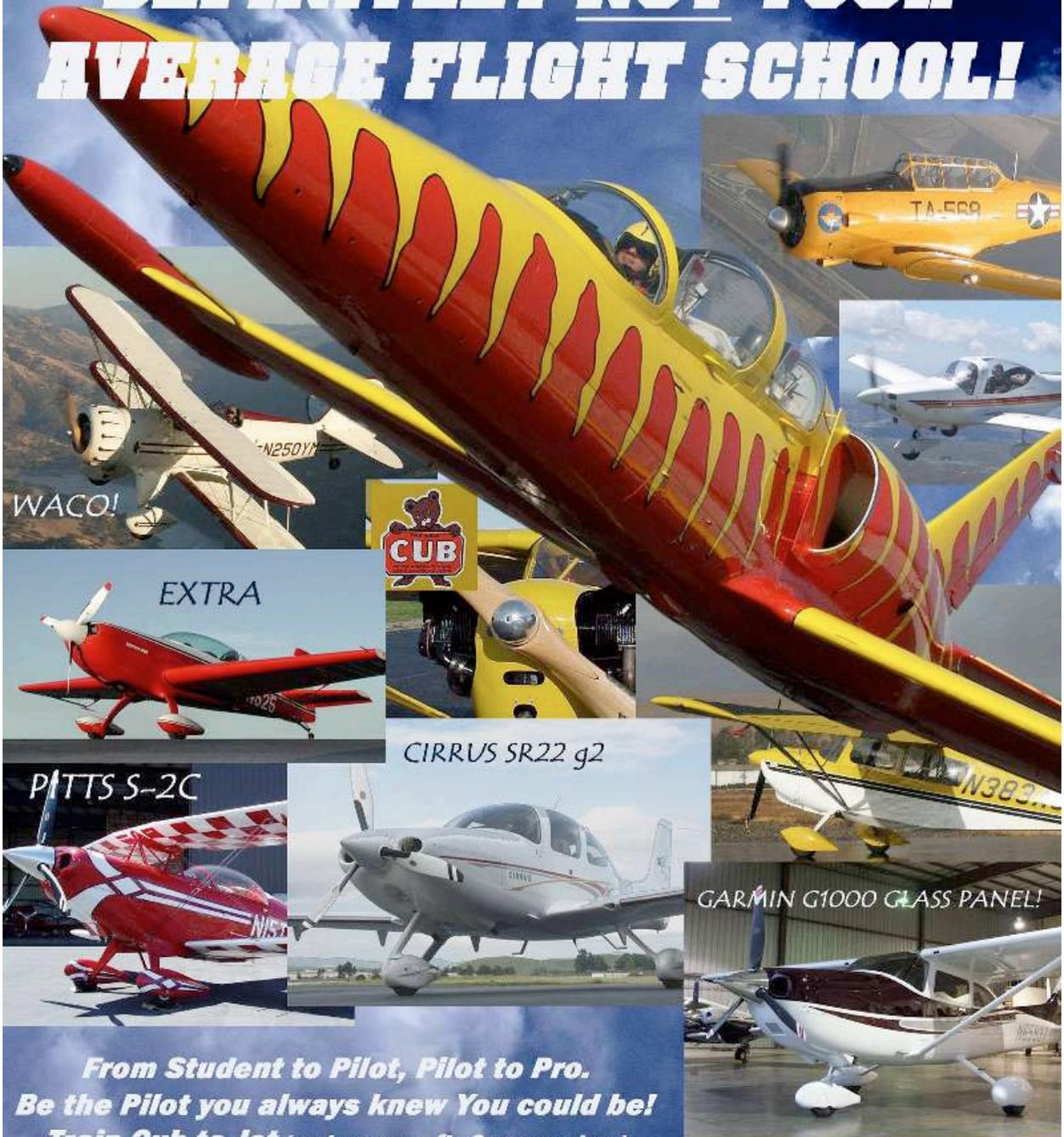
JOIN / RENEW

In addition to helping support all the activities of our chapter, IAC Chapter 38 membership is an insurance requirement if you want to fly in the box at Tracy for critique days. If you are receiving this newsletter and you know you need to get your membership updated, here are several ways to do it:

- sign up here for the International Aerobatic Club: <https://www.iac.org/roll-us-join-or-renew>
- sign up here IAC38 (using PayPal): <http://www.iac38.org>
- sign up at our next chapter meeting, we accept cash, check and credit card
- Fill out this form and mail it to Howard with your check:

IAC Chapter 38 Membership Application/Renewal Form	
Name: _____	Spouse: _____
Address: _____	
City: _____	State: _____ Zip: _____
Home Phone: _____	Work Phone: _____
E-mail 1: _____	E-mail 2: _____
IAC #: _____	EAA #: _____
Certificate #: _____	EAA Expiration Date: _____
Judge: <input type="checkbox"/> Regional <input type="checkbox"/> National	
Competition: <input type="checkbox"/> None <input type="checkbox"/> Basic <input type="checkbox"/> Sportsman <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced <input type="checkbox"/> Unlimited	
Aircraft: _____	N #: _____
Referred By: _____	
Dues: <input type="checkbox"/> Single Membership (\$25/year) <input type="checkbox"/> Family Membership (\$30/year)	
Send with check, made payable to "International Aerobatic Club Chapter 38", to: Howard Kirker, IAC38 Treasurer - 2279 Ocaso Camino - Fremont, CA 94539	

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Train Cub to Jet (and, yes, we fly Cessnas, too.)*

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**BORREGO HAMMER
HEAD ROUNDUP**
L08 4/10 - 4/12



Primary:
Sportsman:
Intermediate:
Advanced:
Unlimited:

KVA

AEROSPACE



BORREGO AKROFEST
L08 10/9 - 10/11



Primary:
Sportsman:
Intermediate:
Advanced:
Unlimited:

A Proud Sponsor

2014 CALIFORNIA CONTEST SEASON



DUEL IN THE DESERT
APV, 5/1 - 5/3



Primary:
Sportsman:
Intermediate:
Advanced:
Unlimited:

COALINGA WESTERN SHOWDOWN
C80 5/29 - 5/31



Primary:
Sportsman:
Intermediate:
Advanced:
Unlimited:

**IAC OPEN WEST - 40TH
HAPINESS IS DELANO,**
DLO 8/29 - 8/31



Primary:
Sportsman:
Intermediate:
Advanced:
Unlimited:

Ron Johnson is a Chapter 49 member and in the past, competed in CP Aviation's Decathlon. His company, KVA Aerospace, manufactures airframe replacement parts for the military. Ron is generously contributing to the IAC contest scene this season. Thank you Ron! This KVA banner will pilgrimage to every California contest this year. The winners will sign it. In October, the banner be returned to KVA and displayed at their facility for the glory of all.

